

A REPORT ON THE OUTREACH PROGRAM TO THE TIKO COTTAGE HOSPITAL BY AFRICKIKO FOUNDATION IN COLLABORATION WITH MANDA'S FOUNDATION ON SATURDAY AUGUST 22,2020.

OBJECTIVE.

The objective of this programme was to provide assistance to the sick with their basic necessities needed during their stay in the hospital and with effort, to fight against COVID 19.

TARGET.

PRIORITY.

- Juvenile (children from 0-18 Years).
- New mothers.

SECONDARY

- Young Adults.
- Adult.

We arrived at the Tiko Cottage hospital At 10 am. We were welcomed by the hospital staff who introduced us to the head of administrative affairs Mme PAULINE MUKWELE and the staffs on duty. She delegated Maa RITA KEMCHA, MR CLAUDE AND MR MBOUET to guide us during this visit. We proceeded at 10:14 am to setting up the kits for distribution. The kits were set up accordingly;

Maternity

- A bucket.
- 2 bars of washing soap.

- A packet of detergent 500mg.
- A bottle of hand sanitizer 150ml.
- A pack of mineral water 1.5L.
- 40 pieces of baby diapers.

Children.

- A bucket.
- 2 bars of washing soap.
- Packet of detergent 500mg.
- A bottle of hand sanitizer 150ml.
- A pack 3 bottles of mineral water 1.5L.

ADULTS.

- A bucket.
- 2 bars of washing soap.
- A packet of detergent 500mg.
- A bottle of hand sanitizer.

Hospital.

- 2 big buckets with taps for washing of hands to fight against the covid 19 pandemic.

We took pictures with the staff and the kits accordingly;

- AFRICKIKO & MANDA FOUNDATION.
- MANDA FOUNDATION.
- AFRICKIKO.

- STAFF, AFRICKIKO & MANDA FOUNDATION.
- SANDRA, BLAISE & HOSPITAL STAFF.
- HOSPITAL STAFF.

To begin this activity, the first place we started with was the maternity. Here, we realised that the maternity was divided into two; that is the premature ward and the maternity ward itself. Due to the vulnerability of the baby in the premature ward, Blaise was the only person permitted to get into the ward. In this ward, the new mother happened to be dumb. In the same ward, there was another lady who was expecting but was still under observation. Moving on to the main ward, we had 6 new mothers in which 4 had baby girls each and 2 had two baby boys each. Our team enquired about the babies and new mother's wellbeing and presented them with the gifts we brought. Also, we reminded them about the need to sanitize and wash their hands as well as respect all measures put in place to fight against COVID 19. Our next stop was the kid's ward where we visited 8 children between the ages of 2 to 14. While sharing what we brought, we asked their caretakers how it has been for them at the hospital. After the above, we proceeded to the accident wards accordingly;



Section A.

The male major surgical ward: In this ward, we found patients like Mr Gabriel, Mr Zacks, Mr Jesco, Mr Ayuk Basil and Mr Emma suffering from multiple fractures and sprains and neurological disorder. In this same ward, met an exceptional case of an elderly man who came out of surgery the day before and was under observation. He was suffering from Swollen neck, hands, chest and legs due to growth and he was responding to treatment nicely. Before we left this ward Mr Zacks thanked us for coming out to visit them and encouraged us to continue on this same path. Sandra said a word of Prayer for them.



Section B.

Female surgical ward: This is for women who have undergone surgery For various reasons from fibromyalgia, apendiciatis multiple fractures, broken legs amongst others. Because it was a small room, the nurse in charge adviced that only Manda could get in. We met Mme Doreen, Maa Juliana who had been in the hospital for over 3months with a broken leg and was just beginning to mend..



Section C

The female infectious wounds ward: Here, we met women with sores, 1st to 3rd degree burns, diabetic wounds and other similar ailments administered treatment. In this ward we met miss Violet and her little daughter who happened to be her caregiver and Ma Joana who also suffered from partial memory loss.

Section D

The male infectious wounds ward: This is similar to the female infectious wounds ward. Here, we met a single patient named Paa Moses who suffered from a diabetic wound on his left leg. The nurse told us he had no caregiver and had been in the hospital for over a month.

We rounded up our visit to the A ward and were about to leave When Mr Gabriel from SECTION A approached Victor and Sike with a prescription (Vitamin B complex and Neotrophyl)which he could not afford. After consulting Blaise and Manda, We got him his prescription.

We headed to the solidarity ward where we met patients with minor health issues and patients who were under observations or soon to be sent home(discharged). The nurse's station was our next stop and they made us understand that there were few patients because some patients were discharged the day before we visited. She said went further to tell us that patients are always discharged on Mondays, Wednesdays and Fridays. We then proceeded to visit as follows;



Female surgical

We met 3 women one who were recovering from a surgery and 2 under observation. Blaise presented our gifts to them and encouraged them to get better soon.



Male surgical

In this ward we met a man in his 40's recovering from a surgery on the head. He was happy and encouraged us for coming out to visit them.

Female Medical Ward.

We met Mrs Bih who was on the mend from severe typhoid and was still under observation.



Male Medical ward.

We met 5 patients, 1 was suffering from malaria and the others we couldn't get to know what was wrong with them because they were sleeping.



Medical mixed ward.

Here we met 6 patients both male and female with advanced ailments with heart conditions. At that same time, a new patient was admitted into the Female medical ward during the visit and her condition was still to be diagnosed.

At the end of the visit we were able to count 43 patients with more than half being men. We then proceeded to the yard where Manda and Blaise handed 2 big buckets with taps for washing of hands and to fight against COVID 19. We also gave out 7 extra buckets to the 7 different departments of the hospital.

We concluded the visit by Interviewing patients, doctors, nurses and representatives of both Africkiko and Manda's Foundation. That marked the end of the day's visit at the cottage hospital Tiko.

The program coordinators

Ayompe Simon.

Tabit Sandra.

Ebot Blaise.

Accounts and expenses

Nkemnyi Colins

Eseke Daniel

Photography

Goerge Njessi.

Ines Marcelle.

Report writing

Ekwe Sike.

Arrey Victor.

Volunteers

Peter Nusta.

Ma-Echi Sarah Eyisab.

Emma Yonga.

Tabou Ines Marcelle.

EXPENSES INCURRED

- 3 cartons of savon = $15000 \times 3 = 45000$ frs

- 3 packs of baby diapers = $7500 \times 3 = 22500$ frs

- 60 packets of Madar 500g = $650 \times 60 = 39000$ frs
 - 60 buckets = $1500 \times 60 = 90000$ frs
 - printing of 12 T.shirts = 37500frs
 - hand sanitizers = $70 \times 1000 = 70000$ frs
 - mobile charges for the sanitizers = 800frs
 - Transport and logistics = 40000frs
 - Drinks= 25000frs
 - Roll up (sandra)=70000frs
 - 10 packs of mineral water 1.5L = $1350 \times 10 = 13350$ frs
- Total expenses = **480.150 Frs.**

Attached to this report are pictures and videos from the visit.





